

Preventing the Commercial Sexual Exploitation of Adolescent Girls: A Training for Providers on Using the My Life My Choice Curriculum

The My Life My Choice Project is a nationally recognized, groundbreaking initiative designed to reach adolescent girls most vulnerable to commercial sexual exploitation. The MLMC Curriculum is a ten-session program created to develop and strengthen your efforts to halt the disturbing wave of exploitation and trafficking in the United States. Created in 2002, MLMC was the first comprehensive curriculum in the country focused solely on preventing commercial sexual exploitation among adolescent girls. For more information, please visit our website: www.fightingexploitation.org.

Trainers: Lisa Goldblatt Grace, LICSW, MPH, *Director*
Audrey Porter, *Associate Director*
My Life My Choice, A Program of Justice Resource Institute



Participants will have the opportunity to:

- ◆ understand the research base behind the *My Life My Choice Curriculum*;
- ◆ learn how to use the curriculum to run psycho-educational groups with vulnerable girls in a variety of settings;
- ◆ explore potential challenges that may arise during the group; and
- ◆ receive a copy of the “My Life My Choice” curriculum.

<u>Date:</u>	March 21, 2012
<u>Time:</u>	9:00-4:30
<u>Location:</u>	The Family Justice Center 989 Commonwealth Avenue, Boston
<u>Registration:</u>	Please register with Shannon Holt, sholt@jri.org Phone: 617-232-1303 x203/ Fax: 617-232-1280
<u>Cost:</u>	\$300.00 Some scholarships available on request--please contact Lisa Goldblatt Grace, lgrace@jri.org .
<u>CEUS:</u>	6 CEUs available for social workers.

What experts are saying about the My Life My Choice Project:

“My Life My Choice is the gold standard in prevention and mentoring programs for commercially sexually exploited and trafficked girls. Their groundbreaking curriculum, is the first and only one of its kind, specifically designed for at-risk girls. Co-written and directly informed by survivors, the curriculum is strengths-based, youth-friendly and speaks directly to the realities of girls lives in a way that few 'youth' curriculums do. As the fight against the sex trafficking and exploitation of girls in the US builds momentum, MLMC is leading the way in prevention and mentoring programs and should be utilized as a best practice model by both experienced and emerging programs alike.”

Rachel Lloyd, MA, Executive Director, GEMS

“The My Life My Choice Project is a national model for effective sexual exploitation preventative education. The curriculum embraces an empowerment approach and blends a variety of activities which foster self-reflection, understanding about the issue, and knowledge to help young women identify potentially exploitive situations. When the Chicago Alliance Against Sexual Exploitation was creating our own curriculum for young men, we looked to "My Life My Choice" as an example of effective prevention work.”

Rachel Durchslag Executive Director, CAASE

“The My Life, My Choice Program has been very well received by the group homes and the Department of Children and Families here in Connecticut. The girls are very receptive to the curriculum and the group homes have stated that the knowledge gained through the training will continue to be ‘extremely beneficial to the staff working with at risk girls’”.

Shaleen Silva, Executive Director The Paul & Lisa Program, Inc.

**Preventing the Commercial Sexual Exploitation
of Adolescent Girls:
A Training for Providers on
Using the My Life My Choice Curriculum**

March 2012 9:00-4:30

REGISTRATION

Name: _____

Title: _____

Agency: _____

Address: _____

Phone number: _____

Email: _____

Are you interested in CEUS? If yes, are you a social worker or LMHC?:

Degree: _____

License Number: _____

Please make checks payable to “My Life My Choice/JRI” and mail to the attention of Shannon Holt, 1269 Beacon Street, Brookline, MA 02446.